

Style Acre

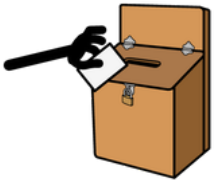
Supporting people with learning disabilities



Spring Issue

What's On

Content



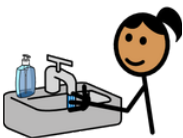
We want your suggestions



Become a have a say Hero



May's Activity Pack - Picnics



Spring Fresh Infection Control Checklist



How to protect yourself from scams



Wishes and Dreams and House to Home Fund



What's on calendar

We want to hear from you!

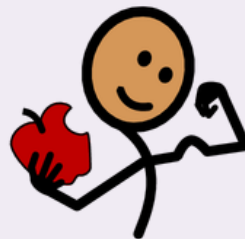
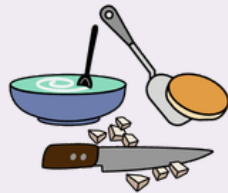
We want to make this newsletter as interesting as possible.

To do this we need your feedback and ideas.

What ideas do we want?

Give us suggestions about anything you want to know more about such as:

- Cooking
- Money
- Politics
- Health
- Dating
- Social Media



If you have an idea or a story
e-mail Anne-Marie Hicks
community@styleacre.org.uk

IT'S COMPETITION TIME!



What would you like this newsletter to be called?

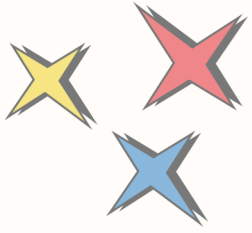
Be as creative as you like!

The winning title will
be what we call this
newsletter from now on!



E-mail Anne-Marie Hicks
community@styleacre.org.uk

Become a Have a Say Hero!



WE WANT YOU!

Join Now!



We are looking for more people to join the
Have a Say Heroes Group.



**LISTEN TO
OTHERS**

**CHANGE AND
IMPROVE THINGS**

**SPEAK UP
FOR OTHERS**

We meet
four times a
year

WHAT YOU NEED TO KNOW.



Have a Say Heroes

Who can apply?



Anyone who has support from Style Acre



We want people from all over Oxfordshire



We want everyone to be represented

The role?



Join meetings online and face to face.



See and hear about what happens in people's lives



Plan and run events



Represent others at meetings and other events

Speak to:  



Lisa-Marie



Bev

Imbetteridge@styleacre.org.uk

bsegedy@styleacre.org.uk



Mays Activity Pack

Picnics



Don't forget to download our May activity pack from our website

Giving you lots of ideas to do this May including

Connect & Create ideas

Invite friends to join you to make these creations!

Sponge-Stamped Picnic Blanket Art



You can make your own picnic blanket with stamps made out of sponges, create a background and add some decorations on top!



Picnic Food Playdough Creations



Roll, press, and shape pretend picnic foods made out of playdough!



[click here](#) to download



Welcome to Your Spring Fresh Infection Control Checklist

Spring is a time for fresh starts and that includes how we keep ourselves and others safe and healthy every day.

This checklist gives simple, clear reminders of the small things that make a big difference.

From washing hands properly to keeping spaces clean, each step helps stop the spread of infection and protects everyone.

Let's refresh our routines this spring and keep our environment clean, safe, and full of care.

[Click here to print a poster for your home](#)

[Click here to see a checklist](#)

**Clean Hands,
Kind Care,
Healthy Home!**



How to protect yourself from scams



A scam is when someone will say that they are going to help you or give you something if you give them money.



If someone is trying to scam you, they might ask for your personal information such as your:

- Name
 - Date of birth
 - Address
 - Bank or Card details
 - Passwords
-



It can be very difficult to know whether something is a scam, or if it is real.



It is a good idea to stop and think before you share details or money with anybody, even if you think you know them.



There are lots of different types of scams. A common one is impersonation scams



The use of Artificial Intelligence (AI) is making it harder to know whether something is real or if it is a scam.

Impersonation Scams



An impersonation scam is when somebody pretends to be someone else.

Often, they will pretend to be someone you trust to try and get money off of you.

They could pretend to be:

- Your bank
- The police
- A delivery, gas, electric, or phone company
- A government department like HMRC or DWP.



The HMRC is the part of the government that works out how much tax you have to pay.

The DWP helps people with pensions and benefits.



A scammer might contact you by phone, text, email, or social media. They will either ask you to give them money, or they might ask for information that will help them to take your money.

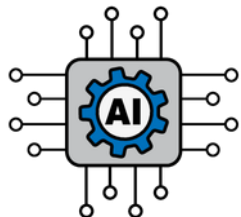


If you get a message or a call that you did not expect, tell them that you will call them back. Then call the organisation that they said were calling from.



For example, if someone calls you saying they are from your bank, tell them you will ring them back. Then go and call your bank.

Artificial Intelligence (AI)



AI can create fake videos of people you know or famous people to trick you into giving them money. These videos are called **deepfake** videos.



Criminals can use AI to copy a voice so that it sounds like someone you know. This is called **voice cloning**. They will use this cloned voice to ask for your money or information.



AI also helps criminals to write emails, text messages, and social media ads. This will make them look real but they could still be scams.



If someone is asking for your information or money: **STOP** - don't share anything with the person who is asking for it.



THINK - 'Is this a scam, or is it real?' - if you are unsure, ask someone that you trust what they think.

GET HELP - if you think you may have given information or money to someone who is involved in a scam, contact your bank immediately on the number on their website or through your banking app.



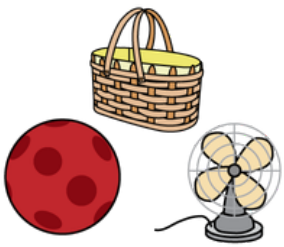
REPORT - report the scam to Action Fraud at www.actionfraud.police.uk or by phoning 0300 123 2040



Wishes and Dreams



If you would like help to make a wish, or a dream come true and are supported by Style Acre you can apply to the Wishes and Dreams Fund.



House to Home



Available to all people supported by Style Acre who live in supported living or on their own in the community.

You can apply for money to buy items for your home that you are unable to buy yourself.

Details on how to apply can be found on our website or speak to your support if you would like help applying.



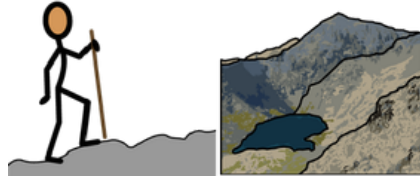
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MYSTERY WALK
TUES 05 MAY
 TBC
 OXFORD

| MAY | | | | | | |
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SNOWDON CHALLENGE
MON 11 - WEDS 13 MAY
 MOUNT SNOWDON

| MAY | | | | | | |
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SPRING OPEN DAY
SUN 17 MAY
 12PM - 3PM
 WANTAGE MARKET GARDEN

| MAY | | | | | | |
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POP SENSORY SESSION
MON 18 MAY
 10.30AM - 12PM
 CORNERSTONE, D IDCOT

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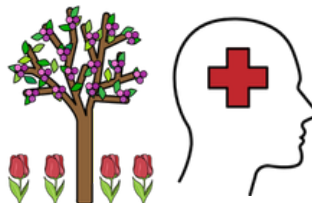
WORK PROGRAMME
JOB FAIR TUES 19
MAY
 10AM - 12PM CIVIC HALL,
 D IDCOT

| MAY | | | | | | |
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CONNECT & CREATE
PICNICS TUES 19
MAY
 10AM - 12PM SABRe,
 BANBURY

| MAY | | | | | | |
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SPRING WELLBEING DAY
FRI 22 MAY
 11AM - 2PM
 WANTAGE MARKET GARDEN

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FRIDAY NIGHT FEVER
FRI 29 MAY
 7PM - 9.30PM
 MARLBOROUGH CLUB, D IDCOT



| JUNE | | | | | | |
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STYLE ACRE'S BIG PICNIC

TUES 02 JUNE

11AM - 2PM

THE MANOR HOUSE

HOWBERY PARK

| JUNE | | | | | | |
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THAMES RUN CARPARK

VOLUNTEERING

SUN 07 JUNE

7AM - 10AM

| JUNE | | | | | | |
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BANBURY WALK

THURS 11 JUNE

TBC

| JUNE | | | | | | |
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WALLED OPEN GARDENS

SUN 14 JUNE

1PM - 5PM

WALLINGFORD

| JUNE | | | | | | |
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POP SENSORY SESSION

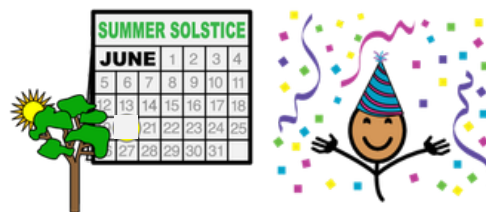
FRI 19 JUNE

1PM - 2.30PM

WINDRUSH LEISURE CENTRE

WITNEY

| JUNE | | | | | | |
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MIDSUMMER SOIREE

FRI 19 JUNE

5PM - 9PM

THE EARTH TRUST

| JUNE | | | | | | |
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FRIDAY NIGHT FEVER

FRI 19 JUNE

7PM - 9.30PM

MARLBOROUGH CLUB, DIDCOT

| JUNE | | | | | | |
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CONNECT & CREATE

PRIDE

THURS 25 JUNE

10.30AM - 12PM

TURNSTYLE, WALLINGFORD

Contact Us:

Ways to Wellness

Anita Powell apowell@styleacre.org.uk

Fundraising and Events

Anne-Maria Hicks and Lisa Hanton
community@styleacre.org.uk



info@styleacre.org.uk



01491 838760



www.styleacre.org.uk

Find us on:



StyleAcre



styleacrechairty

Evenlode House, Howbery Park, Crowmarsh Gifford, Wallingford OX10 8BA

Reg Charity No. 1101626