

Style Acre

Supporting people with learning disabilities



STORIES AUTUMN 2018

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SABRe events, by Harry

SABRe Achievement Awards Evening



On 12th September, Sabre held its second spectacular Achievement Awards evening. Service users, staff, family, friends, employers and special guests Philippa, Rob and Chris came to join in the exciting event. SABRe was transformed into a glamorous award ceremony that would put Hollywood to shame! A red carpet, balloons, drinks, nibbles, flower arrangements and lots of glitz. The awards were presented with a certificate and a cone of sweets. People received an award for achievements such as volunteering and paid employment. Volunteer of the year was a much sought after award. This year our well deserving winner was Lisa Swinburn who said "I can't believe I won anything, especially volunteer of the year. I was very shocked and happy. I was especially pleased to

get an award for doing my GCSE in English." Lisa is an asset for SABRe. She volunteers on reception and in our bookshop, which would not be stocked without her hard work and dedication. She has gained qualifications this year and has recently started volunteer work at Waitrose. (Photo: Lisa Swinburn & last year's winner John Saxelby, with Chris Ingram). Karen Wyatt said "the evening was great fun and it made me really happy to win an award."

Macmillan Coffee Morning

On the 4th October 2018 at SABRe we held a coffee morning to raise money for **Macmillan Cancer support**. Service users, friends and family enjoyed cake, tea and they had the chance to play some games. Jamie won pin the cherry on the cake, Alison won guess the length of the sausage roll and Ryan won guess the name of the bear. Everyone had a really good time and raised £94.



Grace bakes a special cake

Crowmarsh tenant Grace got busy in the kitchen to produce a very special cake for her niece, Florence. She baked this Peppa Pig cake for Florence's 2nd birthday party. Flavoured with raspberry & vanilla and topped with handmade roses plus Peppa and George, it went down wonderfully well, most especially with Florence (she is a big fan of Peppa and friends)!



News from our Fundraising & Volunteering Department

Wallingford Santa Dash – Sunday 2nd December 2018

The Wallingford Santa Dash is back for a third year! Join hundreds of Father Christmas lookalikes for the 3km run/jog/walk from Wallingford School to the Market Place, via the town's lovely parks, arriving in the town centre in time for the Christmas Shopping Extravaganza. The dash starts at Wallingford School with a briefing & warm up by The Body Training Studio at 11.15am, before the Mayor of Wallingford officially starts the run at 11.30am. Sign up [here](#)



Daniel's Christmas Disco & Dance – Friday 30th November

Style Acre Ambassador Daniel is organising a fundraising Christmas disco in Wallingford! Doors will open at 7pm, when we welcome popular local band 'The Crimps' playing our favourite songs, followed by DJ Ben, taking us to an 11pm finish. There will also be a raffle. Wear your sparkles & get those dancing shoes on – let's dance 'til we drop!! The bar will be open but please note that there won't be food. Where: Wallingford

Sports Park, Hithercroft Road, Wallingford, OX10 9RB.

Tickets are £7.50. Book online using the form [here](#), or contact community@styleacre.org.uk

11th December sees the return of our popular **Christmas Gift Fair** at the Manor House here at Howbery Park. There will be crafts and gifts for sale between 12 noon and 2pm. Why not pop in, buy some gifts and get into the festive spirit!

For more information or to book a stall, contact community@styleacre.org.uk or call Philippa Stannard on 01491 827591.



Style Acre Christmas cards lovingly made by people supported by Style Acre are available to buy! Each pack of 12 includes 2 of each design shown here at £5 per pack. To order, please [click here](#)



Style Acre has been chosen as the official charity partner of the **Dorchester-on-Thames Festival 2019**.

The biennial event is one of Oxfordshire's leading festivals and will be held at Dorchester Abbey from Friday 3rd May until 12th May. More than 3,000 people are expected to enjoy over 50 events including The Tallis Scholars, The BBC Elstree Concert Band, a

fantastic comedy night line up and unbeatable family & children's entertainment. **We are looking for brave people to abseil down Dorchester Abbey!** Please get in touch at community@styleacre.org.uk if you're up for the challenge!

- **Our latest Style Acre Annual Review is now available to read on our website. Please click this link: [Style Acre Annual Review](#)**

Style Acre Summer Party



This year, **Style Acre's Summer Party** was held jointly with another popular event – the **Summer BBQ** at the home of Trustee Sarah Nye. As in previous years, Sarah kindly threw open her garden to host the festivities, and combining the events swelled the numbers to over 200 people! Many enjoyed a tasty BBQ lunch served by Sarah & her team of helpers, or brought their own picnics. Turnstyle provided some of the fun, quite a bit of it to do with water pistols, which went down very well in the hot weather! There was music and dancing, with long established favourites The **Gang Busters** (left) providing the soundtrack to the afternoon's entertainment. Many thanks to all helpers and to Sarah for being a brilliant host once again.

Star Group BBQ



With the gorgeous weather continuing through to the latter part of the summer, the **Star Group** who meet at Turnstyle each Tuesday morning, put on a **BBQ** on Tuesday 14th August. They worked together to plan and prepare the event which was held in Turnstyle's garden. Many people attended, and thanks go to Gaynor and Kerry for helping out with the cooking. Here is Kerry resplendent in his pinny, whilst Linda is seen here, about to enjoy a burger.



Musical fun at Rewind Festival



On Sunday 19th August Didcot tenants and staff enjoyed a day out at **Rewind**, a local 1980s music festival near Henley-on-Thames, now in its 10th year. Amongst a host of 80s stars appearing at this year's festival were Kool & the Gang, Nik Kershaw, Jason Donovan, Billy Ocean, Kim Wilde, Toyah and Heaven 17.

Domenic, Jenny, Henry, Sophie and Megan were joined by Dom's mum Jane for a fantastic day of music, dancing and fun in the sunshine at this very popular and colourful event.

Return to the Wood Centre

In the spring of 2017, a group from T2 with Job Coach Philippa Rallings, planted over 20 trees at the Sylva Foundation's Wood Centre as part of a project creating a small new wood. Philippa returned to Long Wittenham with some of the same group recently, to see how the trees were doing. They found that over half had survived, and weeded around these. They have plans to return again in the planting season in spring 2019, to help re-plant those that did not make it. Whilst at the Centre they were able to pop into the woodworking shop to see all of its work, from canoe making to furniture to totem poles.



Men's Group activities

Countryfile Live



Everybody enjoyed a great day out at **BBC Countryfile Live** at Blenheim Palace in August. There was a huge range of attractions to see – nature friendly garden, farm animals, mountain biking, dog lover's arena with gun dog displays & herding demonstrations and for horse lovers, an equine arena. There was even a chance to see the latest tractors! Visitors could also meet the presenters, and here are staff member Carole meeting our Patron John Craven, whilst Leslie says 'hello' to Anita Rani.



Carter's Steam Fair

All the fun of the fair was had by members of the Men's Group in August, with a visit to **Carter's Steam Fair** in Bath. The rides range from the late 1870s up to the 1960s, and include the galloping horses, waltzers, chairplanes, dodgems and ghost train. Here are Rob Clements and John Carrington on the *Jet Ride*. The fair also features many old favourite stalls and side shows, including candy floss, coconut shy, hook-a-duck, shooting gallery and hall of mirrors.



Museum Trips



The Men's Group visited the **Helicopter Museum** in Middle Wallop at the end of August, a nice feature of which is that visitors can sit inside some of the machines. Here are Mikey & Martin with staff member Carole, trying out one of the helicopters for comfort.

4th October's visit was to **Cotswold Motoring Museum** at Bourton-on-the-Water. It is home to a huge collection of cars, motorcycles and other memorabilia. Rebecca joined them on this trip and is pictured (right) with Martin, John, Chris Mikey & James.



Isle of Wight

The Men's Group have enjoyed two recent trips to the Isle of Wight. In September they arrived by ferry, then took a **boat trip around the Needles**. Windy conditions spoilt plans to include a ride on the chair lift, so they carefully climbed down steps to the beach and back up instead! L-R James, Leslie, Carole, John & Mikey. On 11th October they returned to the island via Hovercraft, for a **railway experience** in their own private carriage, with rides on an electric train, then a steam train



like this restored engine. They had time to look around the museum & restoration workshop, and though the return Hovercraft broke down causing a long delay and eventual return via catamaran, everyone had a great day. They also worked out they had travelled by six modes of transport in a single day, and it's not often you can say that!



Gardening news from Sarah Griffiths



Wallingford tenant Ray started work experience gardening at Huntercombe Hall at the start of September. He goes for a couple of hours a week and they have been very pleased with his work. Here's Ray pictured at the Hall. Over at Wantage Market Garden there has been a bumper crop of squash and pumpkins. They've now been harvested by Jonathon and Ray, and will be shared between our cooking groups, craft groups and garden volunteers.



Bag packing & Bucket shaking at Sainsbury's Didcot



Style Acre is lucky enough to have been chosen by Sainsbury's Didcot as their Charity of the Year. As part of this, a group from T2 donned Style Acre T-shirts and spent a morning helping pack groceries & carrying out a bucket collection. Here are Ryan, Daniel, Dick, Otto, Nicole, Domenic, Shanie, Jenny & Mikey, pictured in store with members of Sainsbury's staff.

Christmas is coming...

This year's **supported living Christmas Party** will be on 7th December, and it's time to launch our table centrepiece competition once again. We look forward to receiving lots of brilliant entries again this year, in time to grace the tables at the party! This year's theme is *Gingerbread*, and we are asking tenants & staff from each house to get together and make their own Gingerbread themed table centrepiece. As always, no candles or glass please, and bear in mind it needs to fit nicely in the middle of the table and not too tall for people to see over! You can interpret the Gingerbread theme in any way you choose. Here are some ideas to get you thinking, and as always there will be prizes for the best designs!



Simple village scene



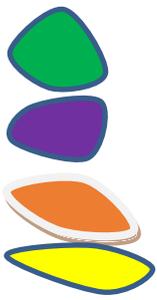
Red nosed reindeer



fabric gingerbread men



sweet encrusted house!



Ways to Wellness

The first Style Acre Ways to Wellness event was held on 17th August at Wantage Market Garden. In partnership with the fantastic volunteers from Element Six, the launch to encourage people we support & staff to make healthier lifestyle choices included: yoga and meditation sessions, planting and crafting, stretches/exercise and a karate demonstration.

There was an opportunity to make fruit kebabs which proved a real hit, with produce donated by Didcot food bank charity SOFEA. We were able to learn about healthy lifestyles, and enjoy the beautiful gardens and vegetables, which we share with Sustainable Wantage and Wantage Day Services.



"I really enjoyed the day and I would love to do more days like it!"

The day was about bringing people together to feel good about themselves! Thanks to everyone who came and made the day a huge success, and all without a cake or biscuit in sight!

As part of our Ways to Wellness campaign we are also asking people we support & staff to make their two commitments to wellness! Just two small changes towards a healthier lifestyle can have huge benefits. See *Latest News* on our website for more information.

We are also pleased to be running some walk leader training. A group of people we support, staff & volunteers will be completing the training in November, with a commitment to lead 'Walks to Wellness'. Walks for everyone which we are planning to run throughout next year. For more information please contact Bev Segesdy on 07841 338916. T2, Unit 2C Trident Business Park, Basil Hill Road, Didcot, Oxon, OX11 7HJ. bsegesdy@styleacre.org.uk



"There was something for everyone. It was great to see so many people attend and get involved."